

Flying high: Reaching new heights in orthopaedic and trauma nursing



Programme and booking form

This conference will address a range of important themes and will aim to demonstrate the heights to which orthopaedic and trauma nursing and nurses can reach and aspire. It is designed to bring together orthopaedic and trauma nurses from across the globe to share evidence, views and innovations within orthopaedic and trauma nursing. This is a unique opportunity for learning and sharing research and best practice in orthopaedic and trauma nursing and to network with colleagues internationally.

Continuing Professional Development (CPD)

All RCN Events have been RCN Accredited. RCN accredited events include a 'model for structured reflection' for you to use, to reflect on your experiences to capture your learning. This can be kept in your PREP portfolio and contributes towards your continuing professional development. Authorised certificates of attendance are issued to all delegates attending an RCN accredited event.

Location

Located at the heart of North East England, Newcastle has a compact city centre and fantastic transport links. Newcastle International Airport is just over 20 minutes from the city centre, and high speed rail links provide direct access from most cities (London 2 hours 45 mins, Edinburgh 1 hour 30 mins, and York 1 hour). North Shields Ferry Terminal is only 7 miles east of the city centre and has regular services to Holland, providing easy access to Germany, France, Belgium and beyond.

Accommodation

The Royal College of Nursing is working with NewcastleGateshead Convention Bureau to manage accommodation bookings for the RCN Society of Orthopaedic and Trauma Nursing: Flying High conference. Accommodation has been secured with a number of providers close to Newcastle Civic Centre. To ensure you book a room allocated to delegates, all bookings should be made through this website: www.NewcastleGateshead.com/NGIRCNSOTN2009

This is a fully secure website, where you can make and amend your accommodation booking. Please ensure you book early to secure availability.

Gala dinner

The gala dinner will be on Friday 26 September 2009. Open to all delegates and guests, tickets cost just £35 each.

Exhibit! Advertise! Promote!

The RCN Society of Orthopaedic and Trauma Nursing international conference and exhibition provides you with an unrivalled opportunity to connect directly with a significant group of the UK's leading orthopaedic and trauma nurses. There are a number of ways for you to be involved in the exhibition giving you the opportunity to network and raise your profile within this specialist nursing arena. Packages can be tailored to help achieve specific objectives. For further information please contact the exhibitions team on **+44 (0) 207 647 3959** or email: exhibitions@rcn.org.uk

Thursday 24 September 2009

- 11.00 Registration, lunch and exhibition viewing
- 13.15 Chair's opening remarks, welcome and **Launch of BENEfits sessions**
Elaine Collins, Chair, RCN Society of Orthopaedic and Trauma Nursing
- 14.00 **Keynote speaker**
Nursing an individual who has a learning disability: is it a challenge or just a different way of thinking?
Helen Laverty, Health Lecturer, University of Nottingham, UK
- 14.30 **The other side of the fence**
Amanda Broom, Divisional Learning Lead for Surgery and Medicine, Education Centre, Royal United Hospital, Bath, UK
- 15.00 Refreshments and exhibition viewing
- 15.30 **Breakout sessions**

	1.1 Theme: Arthroplasty	1.2 Theme: Service delivery	1.3 Theme: Complications	Workshop
15.30	1.1.1 Comparison of two different nursing interventions for knee Osteoarthritis patients in the community in northern Thailand <i>Rangsiya Narin, PhD Student, School of Nursing and Midwifery, Faculty of Health, University of East Anglia, UK. Co author: Dr Janet Ramjeet</i>	1.2.1 Implementing LEAN thinking to optimise trauma patient care <i>Claire Longhorn, Nurse Specialist – Limb Reconstruction, Limb Reconstruction Unit, Bristol Royal Infirmary, UK. Co author: Laura Wickham</i>	1.3.1 Oral VTE is it the future for our patients? <i>Jean Rogers, Practice Educator Facilitator, Stockport NHS Foundation Trust, UK</i>	Nursing research questions: What are they? <i>Bridget Gray, Research Nurse, Kadoorie Centre, Trauma Research, John Radcliffe Hospital, UK</i> Co authors: Liz Tutton; Deborah Langstaff
16.00	1.1.2 Interdisciplinary assessment clinic for total joint replacement patients <i>Maureen Sly-Havey, Master of Science in Nursing as a Family Nurse Practitioner, University of Texas at Austin, Advanced Practice Nurse, Total Joint Assessment Clinic, Queensway Carleton Hospital, Ottawa, Ontario, Canada</i>	1.2.2 Use of the productive ward principle to improve working conditions and service delivery <i>Karen Bowley, Senior Sister, Solihull Hospital, UK. Co author: R Delpino</i>	1.3.2 The chain of prevention <i>Sarah Mimmack, Senior Nurse, IPC and Laura Ludman, Specialist Nurse, IPC, Royal Orthopaedic Hospital NHS Foundation Trust, Birmingham, UK</i>	
16.30	1.1.3 Comparison of patient-reported outcomes between hip resurfacing and total hip replacement patients <i>Karthikeyan Muthumayandi, Research Physiotherapist, Department of Orthopaedic Research, Freeman Hospital, UK. Co author: Liz E Lingard</i>	1.2.3 5 year activity review of Scottish National Brachial Plexus Injury Service and the developing role of the clinical nurse specialist <i>Beverly Wellington, Clinical Nurse Specialist/Lecturer, Victoria Infirmary, Glasgow/University of the West of Scotland, Paisley, Scotland, UK</i>	1.3.3 How can I identify infection in pin site wounds? <i>Julie Santy, Senior Lecturer, The University of Hull, UK</i>	

- 17.00 Close of first day

Friday 25 September 2009

- 07.45 **BENEfits 3 – 30 mins early morning walk**
- 08.15 Registration and exhibition viewing
- 09.00 Chair's opening remarks
- 09.15 **Keynote address:**
Dr Peter Carter, Chief Executive and General Secretary, Royal College of Nursing
- 09.45 **Following Darzi – Our role as professionals in delivering high quality care**
Elaine Collins, Chair, RCN Society of Orthopaedic and Trauma Nursing, Regional Director of Nursing, NHS Direct, West Midlands Region, UK
- 10.15 **Hope: A core concept for trauma care?**
Liz Tutton, Senior Research Fellow, Trauma Unit, John Radcliffe Hospital and Research Fellow, RCN Research Institute, University of Warwick, UK
- 10.45 Refreshments and exhibition viewing
- 11.15 **Breakout sessions**

	2.1 Theme: Personal development	2.2 Theme: Service delivery	2.3 Theme: Pathways
11.15	2.1.1 BENEfITs of exercise and nutrition on bone health <i>Rachel Humphries and Zena Kelly, Health Coaches, Own Health/NHS Direct</i>	2.2.1 Nurse-led pre-admission assessment for joint replacements at Beit Cure International Hospital, Malawi <i>Grace Charity Sibande, Registered Nurse, University Certificate in Midwifery, Matron, Beit Cure International Hospital, Malawi, Central Africa</i>	2.3.1 The use of the Liverpool Care Pathway to promote good practice in end of life care on an acute orthopaedic trauma ward: A case report <i>Margaret Russell, Orthopaedic Liaison Specialist Nurse, Rehabilitation Directorate Manchester Royal Infirmary, UK. Co author: Sam Byott</i>
11.45	2.1.2 'Five years later on you've got the world at your feet, success has been so easy for you' <i>Brian Lucas, Orthopaedic Advanced Practice Nurse, Whipps Cross University Hospital NHS Trust, London, UK</i>	2.2.2 Bariatric orthopaedic patients: An exploration of the issues to be considered when pre-assessing this group of patients for surgery <i>Lynne Newton-Triggs, Pre-Assessment Nurse, Bedford Hospital, UK</i>	2.3.2 Developing a spinal care pathway <i>Julie Walklate, Senior Sister, Dudley Group of Hospitals Foundation Trust, UK. Co author: Anne Flavell</i>
12.15	2.1.3 Close encounters with ET: Being emotionally intelligent orthopaedic nurses <i>Julie Santy, Senior Lecturer, The University of Hull, UK</i>	2.2.3 Taking off: The redevelopment of the trauma service <i>Erin Houlihan Specialist Trauma Nurse, Royal United Hospital, Bath, UK. Co author: Lyn Pearce</i>	2.3.3 BENEfITs of exercise and nutrition on bone health <i>Rachel Humphries and Zena Kelly, Health Coaches, Own Health/NHS Direct</i>

12.45 Lunch and exhibition viewing

13.45 **Bringing the nurse to the patient**

*Susan Elliott, Director of Nursing/Nurse Consultant, South West London Elective Orthopaedic Centre (SWLEOC), UK
Co authors: Anna Cronk, Sarah Langfield*

14.15 **Developing a user group for trauma patients**

Deborah Langstaff, Matron, Oxford Trauma Unit, Oxford Radcliffe Hospitals NHS Trust, UK

14.45 Refreshments and exhibition viewing

15.15 **Breakout sessions**

	3.1 Theme: Patient involvement	3.2 Theme: Care delivery	3.3. Theme: Education	Workshops
15.15	3.1.1 Hard work – The patient's experience in a plaster cast <i>Marion Williams, Clinical Practitioner, Royal Gwent Hospital, Newport, Gwent. UK</i>	3.2.1 Releasing time to care: The productive ward at the Whittington Hospital <i>Deborah Wheeler, Director of Nursing and Clinical Development, Whittington Hospital, London and Veronica Shaw, Assistant Director of Nursing and Clinical Development, Whittington Hospital, London</i>	3.3.1 Make no bones about it, students are important <i>Alyson Burton, Orthopaedic Nurse Practitioner, Whipps Cross University Hospital, UK Co author: Rachel Ahmad</i>	BENEfITs of exercise and nutrition on bone health <i>Rachel Humphries and Zena Kelly, Health Coaches, Own Health/NHS Direct</i>
15.45	3.1.2 From person centred to person driven <i>Claire Bailey, Senior Trauma Nurse Coordinator, Royal Bolton Hospital NHS Foundation Trust, UK. Co author: Jo Bolger</i>	3.2.2 Using the dementia quick screen to predict post-operative delirium in the total hip and knee replacement patient <i>Maureen Sly-Havey, Family Nurse Practitioner, University of Texas at Austin, Advanced Practice Nurse, Total Joint Assessment Clinic, Queensway Carleton Hospital, Ottawa, Ontario, Canada</i>	3.3.2 Keeping orthopaedic and trauma nursing alive for the student <i>Jean Rogers, Practice Educator Facilitator, Stockport NHS Foundation Trust, UK</i>	Debating issues and ethics in withdrawal of treatment in the orthopaedic patient <i>Neil Boyland, Modern Matron/Senior Nurse Critical Care Services and Chronic Pain Services, Royal United Hospital NHS Trust, Bath, UK</i>
16.15	3.1.3 Informed decision making for patients who have arthritis and are considering their treatment options <i>Suzie Normanton, Independent Nurse Consultant working across a range of NHS projects, UK</i>	3.2.3 The art of listening to patients <i>Margaret Murry, Independent Nurse, UK</i>	3.3.3 Reality shock – fact or fiction in newly qualified nurses working in trauma and orthopaedic wards <i>Ann Newman, Senior Lecturer, Department of Nursing and Applied Clinical Studies, Canterbury Christ Church University, UK</i>	

16.45 Close of day 2

19.30 Pre-dinner drinks reception

20.00 Gala Dinner

Saturday 26 September 2009

08.45 Registration

09.15 Chair's opening remarks

09.30 **Paget's: The neglected bone disease**

Anne Sutcliff, Healthcare and Education Officer, The Paget's Association, UK

10.00 **Casualties of conflict – A patient's pathway**

*Deborah Meikle, Military Nurse (Trauma and Orthopaedics), Royal Centre for Defence Medicine (RCDM), Selly Oak Hospital, Birmingham, UK;
Co authors: Susan Elizabeth Moreland and Kathleen Boon*

10.30 Refreshments and exhibition viewing

11.00 **Retrieval Services Queensland (RSQ) – Enhancing trauma care in Queensland, Australia**

Matt Barneveld, Certificate of General Nursing Graduate Certificate of Emergency Nursing, Nurse Educator, Retrieval Services Queensland, Queensland Health, Australia.

11.30 **The excellence in orthopaedic and trauma nursing ('Increasing the wealth within you' series)**

Neville Southgate, Hypnotherapist, Director, Southgate Performance Solutions, UK

12.00 Awards ceremony, Chair's closing remarks and closing ceremony

12.45 Departure

RCN Society of Orthopaedic and Trauma Nursing 23rd International Conference & Exhibition Thursday 24 to Saturday 26 September 2009 • Newcastle Civic Centre, Newcastle, Gateshead

YOUR DETAILS

RCN member Yes No RCN member no.

This **must** be completed if you wish to pay the membership rate. If you do not know your RCN membership number, please call RCN Direct on 0845 772 6100

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First name	<input type="text"/>		<input type="text"/>
Surname	<input type="text"/>		<input type="text"/>
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PAYMENT

By cheque: (made payable to the Royal College of Nursing)

I enclose a cheque for £

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Account no: 58898557. Please send remittance advice with your completed registration form as proof of payment.

CONFERENCE FEES

RCN Member early bird fee – up to 31 July 2009 £249

Non Member early bird fee – up to 31 July 2009 £299

RCN Member standard rate – from 1 August 2009 £299

Non Member standard rate – from 1 August 2009 £349

Day rates*:

RCN Member early bird fee – up to 31 July 2009 £125

Non Member early bird fee – up to 31 July 2009 £150

RCN Member standard rate – from 1 August 2009 £150

Non Member standard rate – from 1 August 2009 £175

*Please identify which day Thur Fri Sat

Conference dinner £35.00

If you are a nursing student (pre-registration only), an Associate Retired RCN member or an HCA (with an SVQ or NVQ in any designated care area) you can attend any RCN conference and receive a 40% discount on the conference fee (discount does not apply to cost of accommodation or conference dinner). Please attach a copy of your student ID card or a copy of your HCA qualification certificate to the booking form, along with the correct payment. If you are an accredited RCN Trade Union Representative, you will receive a 25% discount on the conference fee. **Group Discounts:** If you are booking a group of six or more delegates to attend this RCN conference, each delegate will receive a 10% discount on their applicable fee, when booked at the same time. Only one discount can be used for each booking.

If you are not an RCN member and would like to join, visit www.rcn.org.uk to join online, alternatively call RCN Direct, our information and advice service between 8.30am and 8.30pm – open seven days a week, on 0845 772 6100.

You will not be registered for this event unless payment accompanies your application. Places cannot be held provisionally. **We regret that we are unable to invoice.**

HOW TO BOOK

Post this booking form with payment/remittance advice to: **Event registrations, PO Box 2329, Cardiff, CF23 8YZ**

Phone (payment with credit card/Maestro): +44 (0) 029 2054 6460

Fax this booking form to: +44 (0) 29 2054 6489 with your credit card details

Registration confirmation: All bookings will be confirmed in writing, and nearer to the conference you will receive delegate information, including directions to the venue.

If you want to confirm that you are registered for the event, please contact:

RCN Event registrations on +44 (0) 29 2054 6460
Mon-Fri 9.30am – 4.30pm.

TERMS OF BOOKING

Conference fees: The conference fee includes registration for the conference, conference materials, lunch and refreshments. It does not include travel, accommodation or gala dinner.

Cancellations: Cancellations received one full month before the start of the event will be refunded, minus a 25% administration fee. No refunds can be processed after this date. Places can be substituted with the prior knowledge and agreement of RCN Events.

It may be necessary for reasons beyond the control of the organisers to alter the content and timing of the programme or the occasional identity of the speakers.

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Further information: If you need to enquire about further details of the conference please contact the organiser: **Kathryn Clark**, RCN Events, 20 Cavendish Square, London. W1G 0RN
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